your MPACT



Your Hospital, Your Health. Our Mission. Enhancing healthcare for Red Deer Regional Hospital Centre

Spring Issue | May 2020

Grateful To You: thank you to our front line heroes

To our healthcare professionals, thank you.

Two simple words you'll hear over and over again; a way for us to express our sincere gratitude and appreciation for the work you are doing every day, but especially during this health crisis.

We are so proud of you. You continue to demonstrate what you are made of so we can have the best care and support during this uncertain time.

We know this hasn't been easy on you but we want you to know that we are all behind you. We are cheering you on from our homes, from our vehicles, and on social media.

Two simple words that have such deep meaning: thank you. On behalf of our community, we are grateful to you, our hospital heroes.



Now more than ever, our community is coming together to rally behind our health professionals and our hospital. A great way to give back and show your support and appreciation is by making a donation.

Your gift directly supports our front line heroes and will help Red Deer Regional Hospital Centre's greatest needs, especially during the COVID-19 pandemic where hospital resources are stretched thin.

Visit <u>rdrhfoundation.com/thankyou</u> to acknowledge a health professional and send words of encouragement.

REAL PEOPLE, REAL STORIES

Health professionals leave lasting impact on family

Compassion from Red Deer Regional Hospital Centre health professionals during his father's dialysis treatments is something that Clayton Rafuse will always remember.

"My dad truly found the staff to be welcoming when he arrived. They would take time to listen to his concerns and do special things to make his appointment more comfortable. Things like ice to chew on, a more comfortable chair and extra blankets."

Clayton's father Pete Rafuse had polycystic kidney disease and needed dialysis treatment; where machines are used to filter wastes and water from the blood as kidneys do when they were healthy.

"This disease brought a lot of pain and hardship into my dad's life but he would always say the caring staff, a comfortable chair and a good set of headphones during treatment would make his day more bearable."

Typically dialysis treatments last about four hours and is done three times a week.

"The dialysis unit at RDRHC had a big impact on him."



Ruth McTaggart, RN operates a machine in the hemodialysis unit at RDRHC.

Born and raised in Central Alberta, Pete was a true cowboy with a love for horses and livestock. Pete passed away on March 9, 2020 at the age of 56.

"Before he passed, he told me that the staff on the unit really meant a lot to him and that he wished he could give back."

Fulfilling his father's wishes, Clayton made a donation in his father's memory to the dialysis unit at Red Deer Regional Hospital Centre.

"I have nothing but good things to say about the hospital and the staff. It helps the process... to feel good to know that I was able to help other dialysis patients through their time, in my dad's memory."

To make a donation in memory of a loved one, visit rdrhfoundation.com/give

WORKING TOGETHER

May is Leave A Legacy Month



Planned giving is the process of making a contribution to the Red Deer Regional Health Foundation arranged in the present and allocated at a future date.

Planned gifts made through a will have always played an important role in supporting healthcare in Central Alberta. For many people, bequests are the most realistic way to provide a substantial contribution. Consider a legacy gift that will impact the patients of our hospital beyond your lifetime.

When it's time to begin planning your estate, you think about the people and organizations that have played a role in your life. You may have supported the Foundation during your lifetime and learned the importance of our organization and the ability we have

to change lives, together. You have faith in our mission and understand that we will continue to make a positive difference far into the future.

Making a bequest through your will or trust, or, making a beneficiary designation of life insurance policy, is a simple way to make an important gift to the Red Deer Regional Health Foundation to assure we can continue to provide world class healthcare to all of Central Alberta.

Whatever your specific situation may be, we can help. Take the time to consider your options with your family, lawyer, or financial and/or tax advisor. The Foundation is here to discuss options and to make a plan work for you.





Equipment Spotlight Medical Ventilators

There are a number of different medical ventilators used in all areas of RDRHC.

When a patient cannot breathe on their own or maintain an open airway, they may require the use of a ventilator.

A number of medical ventilators in our hospital's existing inventory are nearing their end of life and will need to be replaced.

Consider making a donation today to support the purchase of medical ventilators for our hospital.

Your hospital, your health: our mission.



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Monthly Giving is just one of the ways you can contribute to world class healthcare in Central Alberta.

For as little as \$5 a month, It's easy and automatic!

www.rdrhfoundation.com/monthly