

Your Hospital, Your Health. Our Mission.  
Enhancing healthcare for Red Deer Regional Hospital Centre

December 2020 Issue

## Enhancing fetal monitoring in Central Alberta hospitals

*Current paper based system is inefficient and produces large amounts of paper*

Fetal monitoring is an important part of any labour and delivery assessment.

Fetal monitoring is used to assess the baby's heartbeat and monitor their wellbeing throughout pregnancy, labour and delivery.

To monitor the baby's heartbeat, health professionals must view the paper printed tracings bedside, no matter what time of day, even in the middle of the night.

This current system of monitoring is highly inefficient as large volumes of paper documents need to be reviewed and stored. In Red Deer Regional Hospital Centre alone, over 500 pregnant women are monitored per month -- that's a lot of paper tracings!

Together, we can change the way fetal monitoring is done in our hospital and in many other healthcare centres in rural Central Alberta.

Electronic fetal monitoring will introduce new features like preset alarms, electronic access to records, and reduced risk of user error through the elimination of a paper-based system. Most importantly, healthcare professionals across Alberta can consult remotely with access to this critical information which means mother and baby will always have access to specialized services.

With your support, we can upgrade to this technology sooner rather than later. You can make an online donation on our website to support this important project.



A labour and delivery nurse monitors a fetal heartbeat at Red Deer Regional Hospital Centre. Tracings are currently printed on paper meaning health professionals must view the information bedside.

*When you donate, you are giving to our hospital. Call 403-343-4773 or visit [www.rdrhfoundation.com](http://www.rdrhfoundation.com) today.*

THANK YOU DONORS

## Invested in healthcare; new equipment purchased this year

2020 will be a memorable year.

In February, our community received welcomed news from the Alberta government that funding for a proposed expansion and refurbishment of Red Deer Regional Hospital Centre became a reality.

We eagerly await the next steps of this project and we'll be ready to support our hospital when it's time to do so.

The celebration was short lived as our hospital had to quickly pivot and adapt as the global pandemic became a reality in our province and in our city. Our health professionals had to quickly prepare for the potential high-demand for health services, and fortunately has been able to handle the situation.

It hasn't been easy. Although we all faced excruciating challenges this year, we still have something to celebrate. Our community stepped up and has continued to support us in our mission to enhance healthcare in Central Alberta.

Your support is the reason our doctors, nurses, and staff have the tools they need to diagnose and treat illness as quickly and painlessly as possible and this year we have invested in the following equipment:

- **SiPAPS:** Synchronized positive airway pressure machines to help babies breathe in our NICU unit.
- **X-Porte Ultrasound:** Portable ultrasound machines to assist with patient diagnosis with high-definition imaging technology for our ER and ICU departments.
- **Rapid Blood Infusion Pumps:** Specialized equipment for blood transfusions in our NICU department.
- **Vital Sign Monitors:** Electronic monitors that help monitor blood pressure, pulse, temperature and oxygen saturation levels at precise intervals.

We are very proud of these purchases and we hope you are too. Not only will this new equipment benefit hundreds of patients each year, it also has another purpose. It will help us attract and retain the best and brightest medical professionals to our hospital.



THANK YOU COMMUNITY

## Festival of Trees a success despite public restrictions

We knew that the 2020 Red Deer Festival of Trees would look different but we never imagined it would look like this.

As volunteers unloaded crates of Christmas decor and decorated trees off of trucks, word on the street was more public health restrictions were imminent.

Opening day for Festival of Trees was just days away and when new restrictions limited public gatherings due to a rise in active COVID-19 cases, a decision was made to lead by example and protect our community.



For the first time in its 27 year history, the public would not be able to attend Festival of Trees. When we shared the news with our sponsors and the community, you stood by us and shared your kind words of support.

You reaffirmed that the greater goal of enhancing healthcare, specifically this year's project of electronic fetal monitoring for our hospital and other sites in rural Central Alberta, was an important reason to support this year's Festival of Trees even in a virtual format.

We wish we could have shared the hard work of our volunteers and the generosity of our sponsors with you in person but we are grateful for your continued support and understanding. A sincere thank you to everyone who participated in Festival of Trees in any way, and especially to our volunteers and sponsors for standing with us.

**Christmas Jingle**  
**CASH LOTTERY**  
**Win \$10,000 cash!**  
1 for \$10 | 4 for \$20 | 10 for \$30 | 20 for \$50  
Ticket Deadline: Dec 18. Ticket draws: Dec 23. AGLC License #566237  
[www.reddeerfestivaloftrees.ca/jingle](http://www.reddeerfestivaloftrees.ca/jingle)



"Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most."



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## End of Year Giving

### DID YOU KNOW...

Your donation to the Red Deer Regional Health Foundation is eligible for valuable charitable tax credits, which can reduce the federal and provincial income tax you pay every year.

For an annual taxable income of less than \$205,842:

- The first \$200 of all your charitable giving entitles you to a tax credit of 25% (10% provincial tax credit and 15% federal tax credit).
- You are entitled to a tax credit of 50% for all charitable gifts exceeding the initial \$200 (21% provincial tax credit and 29% federal tax credit).

Annual Donation	\$100	\$500	\$1,000	\$5,000	\$10,000	\$25,000
Alberta Tax Credit	\$10	\$83	\$188	\$1,028	\$2,078	\$5,228
Federal Tax Credit	\$15	\$117	\$262	\$1,422	\$2,872	\$7,222
Tax Savings	\$25	\$200	\$450	\$2,450	\$4,950	\$12,450

We are endlessly inspired by our generous community. If you are looking for more information on how your gift will benefit healthcare in Central Alberta, we encourage you to contact us at any time. We are here to assist you with your philanthropic investment as you plan your year end giving.

**Monthly Giving** is just one of the ways you can contribute to world class healthcare in Central Alberta.

For as little as \$5 a month, It's easy and automatic!

[www.rdrhfoundation.com/monthly](http://www.rdrhfoundation.com/monthly)