

Your Hospital, Your Health. Our Mission.
Enhancing healthcare for Red Deer Regional Hospital Centre

Winter Issue | February 2021

New equipment arrives in Diagnostic Imaging department

State of the art TIMS Swallowing Station replaces aging system thanks to donors

When new donor funded equipment arrives at Red Deer Hospital Centre, health professionals cannot wait to get it up and running to serve patients.

Last summer, a new state of the art TIMS Swallowing Station arrived in our hospital's Diagnostic Imaging department, replacing an aging system.

Speech Language Pathologists perform Videofluoroscopy Swallow Studies (VFSS) by using the TIMS system to capture high quality images of swallowing, to see how well a patient swallows food or liquid and how mouth muscles move.

This detailed analysis of a patient's swallowing physiology allows healthcare professionals a more accurate, detailed assessment and help determine how to assist patients in managing swallowing difficulties.

Digital recordings are sent to Speech Language Pathologists work stations where they are able to study and review the images and videos in great detail, away from the active station without tying up the diagnostic equipment. The videos are able to be shared securely across Alberta Health Services network to other health professionals and can be shared with patients virtually if needed.

Thanks to donors, we've replaced aging equipment that serves over 120 inpatients and over 300 outpatients a year at RDRHC.

To see a video of the TIMS station in action, visit www.rdrhfoundation.com/tims



When you donate, you are giving to our hospital. Call 403-343-4773 or visit www.rdrhfoundation.com today.

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DONOR SPOTLIGHT

Canadian Pacific matches donations up to \$20,000

As the demand for healthcare continues to rise with Central Alberta's growing population, community donations fill the gap needed to purchase vital equipment.

Equipment on our hospital's greatest needs list like an electrocardiogram (ECG) machine, which is used to diagnose cardiac concerns such as a blockage or abnormal heart rhythm. The greatest needs equipment list is based on current demands of the hospital.

Because donations are so critical for enhanced healthcare, community partners also invest in programs, services, and medical equipment. Canadian Pacific (CP) will generously see donations matched up to \$20,000 in support of healthcare.

"Investing in the communities we operate in and through is very important to CP. We're proud that this donation will support Red Deer Regional Hospital Centre in their pursuit to provide the best care for Red Deer and area residents, which include many CP employees." said Scott Young, CP Trainmaster Red Deer.

Donations made now until April 30 will be matched by CP. To make your donation count, visit www.rdrhfoundation.com/cp.

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LET'S GET SOCIAL!

@RDRHFOUNDATION



REAL PEOPLE, REAL STORIES

Virtual ride grows to include cyclists across Canada

Over 616 kilometres cycled over two 12 hour days. That's how far Jason Ezeard travelled last May during a 24 hour ride in support of Red Deer Regional Hospital Centre.

The ride was inspired by 2018 Tour de France winner Geraint Thomas, who completed a three-day 12-hour-a-day session fundraiser for the National Health Service in the United Kingdom in April 2020.

"That was pretty cool, I thought I could try to do two 12-hour days to see how much we could raise for our hospital."

The idea of a 12-hour cycling shift was to mirror a healthcare professional's shift and to raise money and support for healthcare workers during the COVID-19 pandemic.

Over 10,275 calories were burned during the 2-day ride covering a distance from Red Deer to approximately Fort McMurray. Supporters and donors watched through a live stream and donated a total of \$4,600 for healthcare.

"Last year's ride for healthcare was quite the challenge. Since it was such a success, we're going to do it again but invite other cyclists to join from across Canada."

On March 26, a number of cyclists will virtually ride together for 12 hours in an effort to raise funds for Red Deer Regional Hospital. This group of passionate riders are part of a cycling community that spans across Canada, with each rider committed to raising funds for RDRHC.

Check our social media for updates and to see the progress of the ride on March 26!



A group of cyclists will ride together on March 26 over 12-hours, raising funds for healthcare.

Do you want to do your own fundraiser for our hospital?

We can help get you started or even assist in promoting your fundraiser!
Learn more by visiting www.rdrhfoundation.com/fundraiser



Equipment Spotlight Electrocardiogram

An electrocardiogram (ECG) machine is used to quickly detect heart problems and monitor your heart's health.

An ECG measures and records the electrical activity that passes through the heart. A doctor can determine if this activity is normal or irregular.

It's a noninvasive and painless way to diagnose common heart problems such as abnormal heart rhythms and blocked or narrowed arteries.

ECG machines are constantly in use at Red Deer Regional Hospital Centre and are a critical diagnostic test.



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Red Deer Regional
health foundation

Main Floor, South Complex
Red Deer Regional Hospital Centre
3942-50A Avenue
Red Deer, AB T4N 4E7
403-343-4773 | foundation@ahs.ca

Monthly Giving is just one of the ways you can contribute to world class healthcare in Central Alberta.

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